

# The Maharic Quick Seal

1. Work with the 6-, 12-, 24-, or 48-pointed Silver Star, the Reuche OR the Eckasha God Seed Symbol as the Hierophant in this exercise.

2. Begin by slowing your breathing, as you imagine or visualize the Hierophant at the pineal gland in the center of the brain. Visualize the Hierophant surrounded by a sphere of pale blue light.



(The pale blue sphere serves as a buffer for your readiness to accept the frequencies associated with using the Hierophant. It holds the energy for you until your body can handle it. If you can handle it, the energy will simply pass through the blue sphere).

3. Inhale, as if you are going to take hold of the Hierophant, located at the Pineal gland, and on the EXHALE, move the Hierophant all the way down to Chakra 13 at Earth Core. Listen or feel for a sound as the Hierophant hits the Planetary Shield. Spend a few moments feeling this ...

4. INHALE now, using the breath to draw the Hierophant up to the personal Maharic Shield, 12" below your feet. As the Hierophant moves up it leaves behind it a 4" diameter cord of Pale Silver Maharic frequency. This cord connects the Planetary Maharic Shield to your own Personal Maharic Shield. Now EXHALE, while feeling or watching the Hierophant expand out into a large sphere. Feel or watch your Maharic Shield pop out to form a

4' diameter Pale Silver spinning disc with a coating of Pale Blue.

5. Bring your attention to the center of your Personal Maharic Shield. INHALE, using the inhale to draw the Hierophant up into the 4th Chakra (Heart Chakra). EXHALE, expanding the frequencies of the Hierophant into the 4th Chakra.

6. INHALE, using the breath to take hold of the Hierophant. .... then on the EXHALE, push the Hierophant from the 4th Chakra up to the 14th Chakra, 36" above the head. Feel the Hierophant spinning in a clockwise direction, in the 14th Chakra, for a few moments .... while feeling or watching the energy around you, just a few inches out from your body.

7. Now bring your attention back to your personal Maharic Shield, 12" below your feet... ...and take a few relaxing breaths .... then INHALE deeply, using the inhale to pull the Pale Silver and Pale Blue energy from the Maharic Shield upwards .... as if you are pulling a "sheath" of Maharic Frequency upwards. Pull this "sheath" of Pale Silver current, lined with Pale Blue energy, upward., ...and latch it onto the 14th Chakra, 36" above your head.

8. Now bring your attention to the 4" cord of Pale Silver Maharic frequency running between the Planetary Maharic Shield and your personal Maharic Shield .... begin drawing Maharic current all the way from Earth Core through the 4" thick pale silver cord and all the way up into the 4th Heart Chakra. On the EXHALE, expand this frequency into the 4th Chakra. Repeat this a few more times .... forming a Pale Silver ball of Maharic Current within the 4th Chakra. Notice that the Pale Silver cord grows thicker on each inhale, expanding to approximately 8" in diameter ... it may begin to feel like a "skin" around and within your body ... this is loading your Astral Field with Maharic frequency.

9. Move your attention now to the Pale Silver ball within the 4th Chakra. INHALE, using the breath to draw the Pale Silver ball from the 4th Chakra up to the 14th Chakra, 36" above your head. As you do this, feel for the sheath of Maharic frequency encasing your physical and etheric bodies. Feel the peacefulness and All-knowing nature of this "Maharic/Christos skin" as it charges and saturates your physical and etheric bodies with Maharic frequency.

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